

Which Retreat is Right for You?

	Renewal and Growth	MedRetreat	Marriage Rekindled	Pastor's Retreat	Reset Retreat
Who It's For	Anyone serving in vocational ministry	Cross-cultural healthcare professionals	Couples in ministry	Pastors and church ministry leaders	Anyone serving in vocational ministry
Length	3 weeks	11 days	5 days	5 days	5 days
Frequency	Monthly	Once a year	Twice a year	Periodically	Periodically
Children and Teen Programs	Yes	Yes	No	No	No
Growth-Oriented Seminars	Yes	Yes	Yes	Yes	Yes
Group Sessions	Yes	Yes	Yes	Yes	Yes
Individual Sessions	Yes	Yes	No	Limited	No